

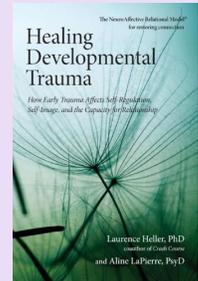
To The Ultimate Love Show Audience — Thank You for Listening to my Podcast Interview with Kim Von Berg

It's always a pleasure to talk about such an important topic that impacts all our relationships but isn't talked about as openly as it needs to be. So much suffering could be alleviated by making information about attachment much more accessible to everyone, so that we can have more compassion for ourselves and those who react around us.

If any of the following gifts speak to you... please check them out!

Understanding Attachment and Childhood Trauma

I'm providing a link below to the source I used to talk about attachment trauma in the interview, and a link to the book I mentioned. I hope it helps you move forward on your journey to inside-out healing and healthier relationships with yourself and everyone you love and care about. If you'd like to explore a couple ways of receiving support and guidance, see my [Healing US2 Masterclass](#) offer below.



Attachment Styles and Relationships

Free Exploratory Consultation



If you'd like to accept my offer of an **exploratory consultation**, I'd love to talk with you about what might be a good next step. Please text me and we can schedule a phone call, Skype or Zoom chat, whichever you prefer.

It is my passion to work with those who might have hit a wall with other methods and wish a guide to gently take them to deeper levels of self-inquiry so their own answers and understanding can arise. The answers are within you—I provide a different set of questions and a perspective that can be new to you!

DANIELLE SHILLOCK

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Invitation to Join Me for the New Healing US2 Masterclass

I'm also offering another special gift to listeners of the podcast. An invitation to join me for a new self-paced inner dive into how attachment trauma continues to affect us personally and relationally, and how to heal from it. **This is a special introductory offer at a 60% discount! You essentially get the course for free!**

In the interview, we discussed **the power of doing our healing work to resolve the early wounding that overlays our current triggers**. We think these triggers come from whomever is in front of us "making" us feel hurt, sad, angry, rejected, and so on. We want to fix or change them so we can get back to feeling in control and ok again. But that means we can only be ok if the other changes their behavior toward us. This limits our ability to be happy and empowered. I invite you to a new way to heal...the [Healing US2 Masterclass](#).

**The first 5 folks who sign up will receive 2 free coaching sessions with me to support your application and integration of the content.
A value of \$200 – or – the cost of the Masterclass!**

Introduction to the HEALING US2 MASTERCLASS

**If you can say yes to 3 or more of these questions...
you may be ready to discover personal empowerment from the inside out...**

- Do you feel lost, confused, and lack clarity and direction?
- Does life and your relationships cause you to feel as if you are on an emotional roller coaster?
- Do you feel as if your emotional and mental well-being is at the mercy of life and those relationships?
- Are your mental beliefs and emotional wounds causing self-destructive or self-sabotaging behaviors?
- Do you give your power away to anyone and everyone?
- Do you value what others think and believe over what you think and believe?
- Have you been doing “self-work” for years but are still suffering from emotional instability?
- Are you wanting a stronger connection to your own inner strength, confidence, and direction?
- Have you ever wanted to experience personal empowerment?

The Healing US2 MASTERCLASS is written for practical application to our daily lives and experiences... by a real person, with real problems, dealing with real life.

We have taken what the spiritual masters are teaching in beautiful but vague and cryptic language and interpreted it for you in **simple easy-to-use tools, visual aids, videos, worksheets, written content**, etc.

We **empower you** with what to say to yourself and what action to take in those times of emotional crisis.

We **teach you** to let go and heal what is holding you in an unnatural state of fear and separating you from the love and safety you so desperately desire.

We teach you how to **practice your empowerment daily until you become an empowered spiritual master.**

**If you want to receive these tools, guidance, and support to understand what being empowered from the inside-out really means and how to finally get there...
allow me to guide you through the Healing US2 MASTERCLASS.**

**SAVE 60% by enrolling now at our pre-launch
introductory rate of only \$200...now through April 21, 2019.**

The cost increases to \$485 April 22.

YES! SIGN ME UP!

What you will receive in the Healing US2 MASTERCLASS...

- **30 Self-Paced Lessons**—each containing written and audio content and tips, exercises, downloadable worksheets, and how-to videos.
- **60 days of personal email or text support** from me as you work through the lessons.
- **An ongoing monthly live Q&A call** to answer your questions. If you can't attend live, you can send me a question and I will answer it on the call, which will be recorded and made available afterwards.
- **Ongoing love, support, and encouragement** from me and the community of clients participating in the MASTERCLASS through a **private** Facebook group.
- The Facebook group is optional and not necessary to the course but can be an **important community resource to support your healing and integration** during and after course completion.
- You receive **lifetime access** to the course to review or repeat as often as you wish!